

Mgr. Rebeka Tropačová ACC (ICF)

Professional focus of the coach

- Coaching of management skills development and leadership, coaching of personality development, coaching of work performance improvement (performance coaching), self-coaching, life-coaching, individual coaching, group coaching.
- In addition to coaching, Rebekah is also engaged in lecturing activities focused on leadership, management and communication trainings, trainings in the field of worklife balance, self-motivation and self-knowledge, etc.



Education

1988 - 1993 Faculty of Arts, Comenius University in Bratislava, department of andragogy with theory of social work

Since 2013 **ACC Certified Coach and ICF Member**

Certified SAKO coach and SAKO member



Previous work experience

1993 – today Coach and lecturer for FBE Bratislava.

1996 – today Founder, supervisor and lecturer/advisor – Virginia Satirová Institute in the Slovak Republic (IVS in the Slovak Republic is an accredited training institute in SPS)

As one of the supervisor coaches, Rebekah also conducts internationally accredited FBE training in coaching and working effectively with people.

Professional qualification

- 2019 **Renewal of ACC coach certification in ICF** (International Coach Federation) – (area of coaching, supervision and mentoring).
- 2018 - 2019 **Mastering Emotions and Coaching - Working with emotions in coaching**, certified ICF Coach Development Seminars led by Daniel Newby and Lucy Núñez, Masterpiece of Emotion in Coaching
- 2018 Transactional Analysis for Supervisors and Coaches, Sandra Wilson, Coachingplus
- 2017 - 2018 **Diploma in Coach Supervision - Supervízor pre koučov**, The International Centre of Business Coaching, medzinárodne akreditovaný výcvik v ICF, Traiding Sandra Wilson Consulting limited
- 2016 -2017 **Inner Game Practitioner** - The Inner Game International School, an internationally accredited 54-hour ICF program
- 2015 **Renewal of ACC Coach Certification in ICF** (International Coach Federation) – (Coaching, Supervision and Mentoring).
Also renewal of certification – **certified SAKO coach**
- 2013 – today **She is a member and certified coach of ACC in the ICF** (International Coach Federation).
- 2010 International Coaching Program ICF "The Art and Science of Coaching" (TASC), Coaching Centre and Erickson College Vancouver, accredited by ICF – International Coach Federation (128 hours).
- 2009 – today **Member of slovak coach association (www.sako.sk).**
- 2007 Accredited coach training / principles of consulting and coaching, individual coaching, group coaching, ARK Consulting (range of 56 hours). Certificate of education with nationwide validity.

Other certificates and certifications, membership in associations/professional organizations

A two-year crisis leadership oversight program led by Kathlyn Banmen. Risk prevention training, led by Steven Jung, USA.

- Training in communication between individuals and in a group or team "Say it directly", led by Paula Englander Golden, USA – accredited by the Ministry of Social Affairs.
- Long-term training in the model of V. Satirová – "Communication, interpersonal and intrapsychic processes" – led by Prof. Walter F. Zahnd, University of Chicago, USA (lecturer level).
- Continuing long-term training in the model of V. Satirová – "Communicative, interpersonal and intrapsychic processes" – led by Prof. W. F. Zahnd, Chicago, USA (supervisor level).
- Three-year self-focused leadership and human resource development supervision program and intrapsychic processes, The Virginia Satir Network, led by Prof. Dr. John Banmen.
- Sculptures and paintings in the sand under the direction of Madeleine De Little, B. Ed., M. Sc. in a model by V. Satir, obtaining the highest level of therapist
- **Many more**

He undergoes regular internal development for lecturers of FBE Bratislava and FBE Prague.

He has been teaching since 1993. **Coaching since 2007.**

Key references:

HMH, BILLA, Slovnaft, Schaeffler Kysuce, ZSE, ING Bank, Prva stavebná sporiteľňa, Generali, PosAm, Tatra banka, Slovak Telekom, ČSOB Poistovňa, Volkswagen Financial Services Slovakia, Kros, Nexteria, Teach for Slovakia etc.

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