

Mgr. Tomáš Laurenčík

Professional focus of the coach

- Coaching in the field of management skills, communication, customer orientation and personal development
- In addition to coaching, Tomáš is also engaged in teaching, especially in the field of management skills, creativity, communication (internal and pro-customer), communication in project management, negotiation, team building, etc.



Education

- 1996 – 2001 Faculty of Physical Education and Sports of the Comenius University in Bratislava, Department of Physical Education - Geography
- 2014 – 2016 Faculty of Philosophy of the Comenius University in Bratislava, "Psychology in a cube" and "Psychology in a cube +" (the course ended with a final thesis and defense)

Previous work experience

- 2008 – today Trainer FBE Bratislava, s.r.o.
- 2011 Consultant and lecturer of the Start of the Provida Foundation project
- 2008 – 2010 Assistant professor at the Faculty of Chemical and Food Technology of the Slovak Technical University in Bratislava (department of physical education and sports)
- 2007 – 2008 Member of the implementation team of the men's volleyball team of Slovakia
- 2005 – 2007 Assistant professor at the Faculty of Physical Education and Sports in Bratislava
- 2005 – 2009 Coach of the junior volleyball team, cadets of Elementary School Bilíkova Bratislava
- 1997 – 2001 Chief instructor at the ski school Dami'sport in Donovaly
- 1997 Co-founder of low-threshold facility for children and youth in Petržalka – Club Kaspian
- 1996 (3 months) Camp Counsellor – Camp Counsellors USA (CCUSA), Pennsylvania

Professional qualification of the lecturer

- 2019 Coaching Teams (ICF International Certified Coaching Training)
- 2017 Business Coaching (ICF International Certified Coaching Training)
- 2015-2016 Intensive Training (240 hours) - Star Basic V. completed with final exam, Virginia Satir Institute
- 2012 "Directing and Dramaturgy of Training Course II", Petr Žák
- 2011 "Directing and Dramaturgy of Training Course I", Petr Žák
- 2009 Training "Rhetoric with Přeučilem"

He completed internal development training of FBE Bratislava and Prague lecturers in the range of 120 hours, 160 hours of supervision at trainings and another 60 hours of methodological development, every year since 2008.

Key references:

Marel Slovakia, Gestamp, Volkswagen Slovakia, VÚB, ZF Slovakia, BILLA, Oil Partner, Bekaert, PosAm, ZSE, Hella Slovakia, HMM, Osram, Scheaffler Skalica a Kysuce, Slovnaft, Global Blue, Ikea Industry, ING Bank and more.